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Language Arts-Blue Team

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Coaches Make a Difference

Support from coaches in any sport can make a big impact, something I didn’t know until it changed my life for the better. My feet dragged through the grass as I made my way over to my water bottle, and my legs felt like fire as I bent down to pick it up. I took a quick gulp, dropped my bottle to the ground and let my arms return to hanging sluggishly at my side. If I could have seen myself, I would have run, screaming, away from the soccer playing zombie. *If only I could go back to a time one year earlier* I thought, where the fire I felt wasn’t in my legs; it was my heart that was on fire with my love for soccer. This was something I thought I would never feel again, until my coach grabbed my arm, pulling, me off to the side at soccer practice, and said the words that ignited a fire inside my heart. “You’re going to be such a good high school soccer player.” These words rang inside my head, pushing me to try harder and earn more compliments each day. I took my coach’s encouraging words and ran with them. I started to try harder in practices and games. As a result, I started to enjoy the game of soccer again. It is now clear that my coach had a huge effect when it came to how I felt about soccer.