**SELF-REFLECTION: Habits of the Mind**

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| **HABIT** | **I did not exhibit this habit very well. Explain.** | **My ability to engage in this habit was about average for me.** | **I did a good job of exhibiting this habit. Provide an example.** | **Not applicable to this task or project.** |
| **Goal Setting** |  |  |  |  |
| **Time Management** |  |  |  |  |
| **Organization** |  |  |  |  |
| **Growth Mindset** (learning from mistakes and failures) |  |  |  |  |
| **Grit / Perseverance** |  |  |  |  |
| **Effort** |  |  |  |  |
| **Personal Responsibility**  |  |  |  |  |

**Thoughts / Comments:** (What have you learned? How have you improved? What do you still want to do/learn? How do you still want to grow?)