**LEARN TO CONVERSE**

**How to Talk / How to Listen**

# **TEN WAYS TO HAVE A BETTER CONVERSATION**

1. **Don’t \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
   1. Be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   2. Be in that \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. **Don’t pontificate (***express your opinions as if they are truth)*
   1. Enter every conversation assuming that you have something to \_\_\_\_\_\_\_\_\_\_\_\_\_
   2. Set aside your \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   3. Everyone is an \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in something
3. **Use \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ questions**
   1. Start your \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ with who, what, when, where, or how
   2. What was that like? / How does that feel?
4. **Go with the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
   1. When thoughts come into your mind, let them \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   2. Instead, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. **If you don’t know, say that you \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
6. **Don’t equate your \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ with theirs**
   1. Remember it is not the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   2. All experiences are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   3. It is not about you\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
7. **Try not to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ yourself**
8. **Stay out of the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
   1. Avoid the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_: names, dates, years
9. **\*\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\***
   1. If your mouth is open, you’re not \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   2. Listen with the intent to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
10. **Be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Take Away:** Be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in other people